










July 2024



Indiantown Congregate Meal Site

15205 SW Indian Mound Drive
Indiantown, FL 34956

Meal Site Manager
Charlotte Dowling
Meal Site Supervisor
Frank Jackson
772-834-4236

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Senior Fitness 10:30 am	2 Nutrition Education 11:00 am	3 Conviva Care Solutions 11:00 am	4  CLOSED	5 IMEP / Game Day 10:30 am	6
7	8 Senior Fitness 10:30 am	9 Nutrition Education 11:00 am	10 IMEP 11:00 am 	11 Arts & Crafts 11:00 am	12 Game Day 10:30 am 	13
14	15 Senior Fitness 10:30 am	16 Nutrition Education 11:00 am 	17 Matter of Balance 11:00 am	18 IMEP / Game Day 10:30 am	19 Healthy Brain and Body 11:00 am	20
21	22 Senior Fitness 10:30 am	23 Nutrition Education 11:00 am	24 Matter of Balance 11:00 am	25 Arts & Crafts 11:00 am 	26 IMEP / Game Day 10:30 am	27
28	29 Senior Fitness 10:30 am 	30 Nutrition Education 11:00 am	31 Matter of Balance 11:00 am			

Events and activities may be subject to change without prior notice due to unforeseen circumstances.