

# September 2024 The Club

Memory Enhancement Program  
Monday – Friday 9:00 a.m. — 1:00

Sun	Mon (Open 7:30-5)	Tue (Open 7:30-5)	Wed (Open 7:30-5)	Thu (Open 7:30-5)	Fri (Open 7:30-5)	Sat	
1		<b>3 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Chair Fitness with Donna</li> <li>John the one man band</li> <li>Doo-wop 1950's pop</li> <li><b>Sing-a-long</b></li> </ul>	<b>4 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Drum circle with Kevin</li> <li>Trivia Wednesday 9am</li> <li><b>Sing-a-long</b></li> </ul>	<b>5 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Chair Fitness with Donna</li> <li>Violinist Ian Wilkinson</li> <li><b>Sing-a-long</b></li> </ul>	<b>6 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Music with Michelle</li> <li>Disco Friday</li> <li><b>Sing-a-long</b></li> </ul>	7	
8	<b>9 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Music with Cesar Zugasti</li> <li><b>Sing-a-long</b></li> </ul>	<b>10 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Chair fitness with Donna</li> <li>Lets rock out with Vito</li> <li>Doo-wop 1950's pop</li> <li><b>Sing-a-long</b></li> </ul>	<b>11 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Misty Pals</li> <li>Music with Sue Blue</li> <li>Trivia Wednesday 9 am</li> <li><b>Sing-a-long</b></li> </ul>	<b>12 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Trivia</li> <li>Brain &amp; Body Fitness</li> <li>Chair fitness with Donna</li> <li>Jimmy and his steel drum</li> <li><b>Sing-a-long</b></li> </ul>	<b>13 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Merengue with Juan</li> <li>Disco Friday</li> <li><b>Sing-a-long</b></li> </ul>	14	
15	<b>16 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Salsa with Silarel</li> <li><b>Sing-a-long</b></li> </ul>	<b>17 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Trivia</li> <li>Brain &amp; Body Fitness</li> <li>Chair fitness with Donna</li> <li>Drum circle with Kevin</li> <li>Doo-wop 1950's pop</li> <li><b>Sing-a-long</b></li> </ul>	<b>18 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Chat</li> <li>Lets get crafty with Ruth (GR)</li> <li>Trivia Wednesday 9am</li> <li>Dance along with the staff</li> <li><b>Sing-a-long</b></li> </ul>	<b>19 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Trivia</li> <li>Brain &amp; Body Fitness</li> <li>Chair fitness with Donna</li> <li>Music with Carla</li> <li><b>Sing-a-long</b></li> </ul>	<b>20 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Happy Hour</li> <li>The talented Shazkya</li> <li>Disco Friday</li> <li><b>Sing-a-long</b></li> </ul>	21	
22	<b>23 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Music with Cesar Zugasti</li> <li><b>Sing-a-long</b></li> </ul>	<b>24 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain f&amp; body fitness</li> <li>Chair fitness with Donna</li> <li>Doo-wop 1950's pop</li> <li>Piano for the people</li> <li><b>Sing-a-long</b></li> </ul>	<b>25 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Misty Pals</li> <li>Music with Joey</li> <li>Trivia Wednesday 9am</li> <li><b>Sing-a-long</b></li> </ul>	<b>26 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Chair fitness with Donna</li> <li>Merengue with Juan</li> <li><b>Sing-a-long</b></li> </ul>	<b>27 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Chat</li> <li>Brain &amp; Body Fitness</li> <li>Lets rock out with Vito</li> <li>Disco Friday</li> <li><b>Sing-a-long</b></li> </ul>	28	
29	<b>30 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Jimmy and his steel drum</li> <li><b>Sing-a-long</b></li> </ul>						

## Morning Programs

**Brain Fitness**

9:00 AM-1:00 AM

Brain Fitness

Exercise Classes

**Lunch: 12:00 -12:30 PM**

## Afternoon Programs

2:00 PM-3:00 PM

**BINGO WITH PRIZES**

TRIVIA/GAMES

3:00 PM – 5:00 PM

**Reminiscent Club**

**ENTERTAINMENT**

1:00 PM-2:00 PM

**We are closed on Labor Day**

Special Thanks to Our Entertainers For Donating Their Time & Resources

**Contact**

Main: 772-223-7844

Transportation:772-223-7855

[www.kanecenter.org](http://www.kanecenter.org)