



October 2024



Sun Mon Tue Wed Thu Fri Sat

East Stuart Congregate Meal Site

		<p>1 Senior Fitness 11:00 am</p>	<p>2 IMEP / Game Day 11:00 am</p>	<p>3 Nutrition Education 11:00 am</p>	<p>4 Healthy Habits 11:00 am</p>	<p>5</p>
<p>6</p>	<p>7 IMEP / Game Day 11:00 am</p>	<p>8 Senior Fitness 11:00 am</p>	<p>9 IMEP / Game Day 11:00 am</p>	<p>10 Nutrition Education 11:00 am</p>	<p>11 Arts & Crafts 11:00 am</p>	<p>12</p>
<p>13</p>	<p>14 IMEP / Game Day 11:00 am</p>	<p>15 Senior Fitness 11:00 am</p>	<p>16 Runway Financial Solutions 11:00 am</p>	<p>17 Nutrition Education 11:00 am</p>	<p>18 Senior Resources 11:00 am</p>	<p>19</p>
<p>20</p>	<p>21 Mystery Lunch Party 11:00 am</p>	<p>22 Senior Fitness 11:00 am</p>	<p>23 Estate Planning Seminar 11:00 am</p>	<p>24 Fall Bingo 11:00 am</p>	<p>25 Arts & Crafts 11:00 am</p>	<p>26</p>
<p>27</p>	<p>28 Medicare Basics / Ice Cream 11:00 am</p>	<p>29 Senior Fitness 11:00 am</p>	<p>30 Fall Party 11:00 am</p>	<p>31 Nutrition Education 11:00 am</p>		

Stuart Recreation Center
724 E. 10th Street
Stuart, FL 34994

Meal Site Manager
Mae Aumoithe,
Meal Site Supervisor
Frank Jackson
772-834-4236

Events and activities may be subject to change without prior notice due to unforeseen circumstances.