

# OCTOBER 2024 LECTURES & WORKSHOPS

**Log Cabin Congregate Meal Site 2369 NE Dixie Hwy.  
Jensen Beach, FL 34957**

*October 2nd @ 11:00am:*

**Tech Talk:**

Please join Ruth Martucci, Martin County Library System for a tech talk and hear about resources offered through our local libraries.



*October 9th @ 11:30am:*

**Arts & Crafts:**

Please join Vicky and Joe Yatsko for Arts and Crafts. Have fun and create something you can take home and enjoy!



*October 16th @ 11:00am:*

**Council on Aging of Martin County Outreach:**

Please join Brian Sullivan, Case Management Navigation at the Council on Aging of Martin County on a talk about available resources and services in the area for seniors.



*October 23rd @ 11:00am:*

**Florida Blue:**

Please join Jacquelyn Ruiz, Community Specialist with Florida Blue as she speaks about important health related topics concerning seniors.



*October 30th @ 11:00am:*

**Martin County Healthy Start:**

Please join the Martin County Healthy Start Coalition as they talk about their organization and ways to volunteer and support their mission.



**FREE LUNCH. ALL EVENTS ARE FREE TO ATTEND.  
CALL FRANK AT 772.834.4236 TO RSVP**

