

November 2024 The Club

Memory Enhancement Program
Monday – Friday 9:00 a.m. — 1:00

Sun	Mon (Open 7:30-5)	Tue (Open 7:30-5)	Wed (Open 7:30-5)	Thu (Open 7:30-5)	Fri (Open 7:30-5)	Sat
	 <p><i>happy thanksgiving</i></p>				1. Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Chat Salsa with Silarel Sing-a-long 	2
3	4 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Chat John the one man band Sing-a-long 	5 Afternoon Activities <ul style="list-style-type: none"> Chair fitness with Donna Zumba with Terry Doo-wop 1950's pop My brothers band Sing-a-long 	6 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Chat Drum Circle with Kevin Brainy bunch trivia Sing-a-long 	7 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Green room field trip Chair fitness with Donna Music with Sue Blue Sing-a-long 	8 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Chat Veterans ceremony Jimmy and his steel drum Sing-a-long 	9
10	11 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Veterans Luncheon The talented Shazkya Wear something patriotic Sing-a-long 	12 Afternoon Activities <ul style="list-style-type: none"> Patio Trivia Brain & Body Fitness Chair fitness with Donna Doo-wop 1950's pop Lets rock out with Vito Sing-a-long 	13 Afternoon Activities <ul style="list-style-type: none"> Patio Chat Brain & Body Fitness Misty Pals Brainy bunch trivia Classic music with Cesar Sing-a-long 	14 Afternoon Activities <ul style="list-style-type: none"> Patio Trivia Pam's group outing Chair fitness with Donna Jazz music with Carla Sing-a-long 	15 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Chat Merengue with Juan Sunshine bus ride Sing-a-long 	16
17	18 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Chat My brothers band Sing-a-long 	19 Afternoon Activities <ul style="list-style-type: none"> Chair fitness with Donna Doo-wop 1950's pop Drum circle with Kevin Zumba with Terry Sing-a-long 	20 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness IMEP Outing Music with Sue Blue Brainy bunch trivia Sing-a-long 	21 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Chat Chair fitness with Donna Violinist Ian Wilkinson Sing-a-long 	22. Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Chat Classic music with Cesar Sing-a-long 	23
24	25 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Chat Jimmy and his steel drum Sunshine bus ride Sing-a-long 	26 Afternoon Activities <ul style="list-style-type: none"> Patio Trivia Brain & Body Fitness Chair fitness with Donna Doo-wop 1950's pop Merengue with Juan Sing-a-long 	27 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Chat Misty Pals Lets rock out with Vito Brainy bunch trivia Sing-a-long 	 <p><i>In all things GIVE thanks!</i></p>		30

Morning Programs

Brain Fitness

9:00 AM-1:00 PM

Brain Fitness

Exercise Classes

Lunch: 12:00 -12:30 PM

Afternoon Programs

2:00 PM-4:00 PM

BINGO WITH PRIZES

TRIVIA/GAMES

4:00 PM – 5:00 PM

Reminiscent Club

ENTERTAINMENT

1:00 PM-2:00 PM



Special Thanks to Our Entertainers For Donating Their Time & Resources

Contact

Main: 772-223-7844
Transportation: 772-223-7855
www.kanecenter.org