









# November 2024



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

					<p>1 Nutrition Education 11:00 am</p> 	<p>2</p>
<p>3</p>	<p>4 Gut Health 10:30 am</p>	<p>5 Arts &amp; Crafts 11:00 am</p> 	<p>6 Senior Fitness 11:00 am</p>	<p>7 IMEP / Game Day 11:00 am</p>	<p>8 Movie Matinee 11:00 am</p>	<p>9</p>
<p>10</p>	<p>11 Dining Out Tips 10:30 am</p> 	<p>12 Arts &amp; Crafts 11:00 am</p>	<p>13 Senior Fitness 11:00 am</p>	<p>14 IMEP / Game Day 11:00 am</p> 	<p>15 Nutrition Education 11:00 am</p>	<p>16</p>
<p>17</p>	<p>18 IMEP / Game Day 11:00 am</p> 	<p>19 Arts &amp; Crafts 11:00 am</p>	<p>20 Senior Resources 11:00 am</p>	<p>21 IMEP / Game Day 11:00 am</p>	<p>22 Movie Matinee 11:00 am</p>	<p>23</p>
<p>24</p>	<p>25 IMEP / Game Day 11:00 am</p>	<p>26 Movie Matinee 11:00 am</p>	<p>27 Senior Fitness 11:00 am</p> 	<p>28 CLOSED</p> 	<p>29 CLOSED</p>	<p>30</p>

**Hobe  
Sound  
Congregate  
Meal Site**

First Baptist  
Church  
8515 SE Church  
Street Hobe  
Sound, FL 33455

Meal Site Manager  
Lupita Manuel  
Meal Site  
Supervisor  
Frank Jackson  
772-834-4236